

Curriculum vitae

Personal information

- Name: Antonios
- Surname: Argyris
- Date of birth: 28.05.1984
- Phone number: 2107462566
- E-mail: and1dr@gmail.com, anargyr@med.uoa.gr

Current position

Assistant Professor of Pathophysiology, Clinic and Laboratory of Pathophysiology, Laiko Hospital, School of Medicine, National and Kapodistrian University of Athens, Greece

Education

- **2023:** Post-doctoral research fellow, Liverpool Center for Cardiovascular Science, University of Liverpool, Liverpool John Moores University, Liverpool Heart and Chest Hospital (Professor Gregory Lip).
- **2022:** ESH (European Society of Hypertension) Diploma of Clinical Hypertension Specialist.
- **2018:** PhD thesis (Title: Non-invasive 24-hour aortic ambulatory blood pressure monitoring: association with target organ damage), Medical School, National and Kapodistrian University of Athens, Greece, Grade: Excellent, Supervisor: Professor A. Protogerou.
- **07/2017:** Acquisition of the license to practice Internal Medicine (Athens, Greece), License number: 240, 12/02/2009.
- **2014:** MSc in Molecular and Applied Physiology, Medical School, National and Kapodistrian University of Athens, Greece, (Master Thesis title: Circadian variability of 24-hour pulse pressure amplification by use of a non-invasive ambulatory blood pressure monitor), Grade: 9.12/10.
- **2008:** Acquisition of the license to practice medicine (Athens, Greece), License number: 073887.

- **2008:** Graduation from the Medical School of National and Kapodistrian University of Athens, Greece

Clinical experience

- 5/2025-...: Assistant Professor, Clinic and Laboratory of Pathophysiology, Laiko Hospital, School of Medicine, National and Kapodistrian University of Athens, Greece.
- 3/2021 – 5/2025: Internal Medicine Consultant, Department of Clinical Therapeutics and Outpatient Clinic of the Dyslipidemia and Atherosclerosis Unit, Alexandra Hospital, Athens, Greece
- 11/2018 - 3/2021: Internal Medicine Consultant and Outpatient “Hypertension - Lipids - Vascular Prevention” Clinic, Laiko Hospital, Athens, Greece.
- 9/2017 - 11/2018: Academic University Fellow, Cardiovascular Prevention and Research Unit, Department of Pathophysiology, Laiko Hospital, Medical School, National and Kapodistrian University of Athens, Greece (Responsibilities included: coordination of different research protocols, patient consultation, Outpatient “Hypertension - Lipids - Vascular prevention” clinic, internal medicine wards consultation).
- 11/2012 - 05/2017: Resident in Internal Medicine, 3rd Department of Internal Medicine and Infectious Diseases Unit, Athens General Hospital “Korgialenio – Benakio National Red Cross”
- 06/2011 – 11/2012: Scientific and Research Associate, Hypertension Center and Cardiovascular Research Laboratory, 1st Department of Propaedeutic Medicine, Laiko Hospital, Medical School, National and Kapodistrian University of Athens, Greece

Scientific and administrative activity

- **Guest Editor**, Journal of Clinical Medicine for the special issue “Hypertension in Adults: Current Updates on Diagnosis, Treatment and Management”.
- Member of European Society of Cardiology (ESC) Council on Hypertension.
- Member of European Society of Cardiology (ESC) Council on Stroke.
- **Reviewer for scientific journals:** Circulation, Journal of the American College of Cardiology (JACC), Arteriosclerosis, Thrombosis and Vascular Biology, Journal of Epidemiology, BMC Cardiovascular Disorders, Current Pharmaceutical Design,

Journal of Human Hypertension, Scientific Reports, Current Hypertension Reviews, Food Research International, International Journal of Clinical and Experimental Hypertension, African Journal of Biotechnology, Hellenic Journal of Cardiology, Journal of the American College of Cardiology (JACC): Asia.

- **Member of scientific societies:** Hellenic Society of Hypertension, European Society of Hypertension, Hellenic Atherosclerosis Society, Hellenic Stroke Organization, Hellenic Society of Internal Medicine, Hellenic Society for the Study of AIDS.
- Member of Stroke Team, Laiko Hospital, 2020
- Member of the Working Group on Stroke, Hellenic Society of Cardiology.
- Member of European Society of Hypertension Working Group on Large Arteries.
- Participation in the managing committee (MC) of COST actions, acting member, 2019.
- Member of the scientific committee of the 35th Balkan Medical Week, 25-27 September 2018, Athens.
- Member of the scientific committee of 6th Panhellenic Congress of Hellenic Atherosclerosis Society, 4-6/12/2014, Athens, Greece.
- Member of the scientific committee of Cardio-Tech 2014 International Meeting on Cardiovascular Engineering and Technology (a joined meeting with Cardio-Athena 2014 International Congress on Cardiovascular Medicine), 5/4/2014, Athens, Greece.

Publications

Concise presentation of publications

Full publications: 69

Book Chapters: 4

Citations: 1237

h-index: 15

i-10 index: 29

Abstracts in international conferences: 67

Full publications in Greek journals: 9

Chapters in Greek books: 2

Abstracts in Greek conferences: 25

Clinical Trials

CARTESIAN, VESALIUS, CAPTURE 2, AXIOMATIC-SSP, HEBRO, POSE, PRECIOUS, BP-CON-ESH, i24ABC, ZEUS, REvive.

Languages

Greek (native), English (Cambridge Proficiency in English), German (Zertifikat)

Technical skills

Windows, Microsoft Office (Word, Excel, Powerpoint), SPSS