

Stavroula A. Paschou, MD, PhD
Assistant Professor of Endocrinology



Stavroula (Lina) Paschou, MD, PhD is Assistant Professor of Endocrinology at School of Medicine, National and Kapodistrian University of Athens, Greece. She is Head of the Endocrine Unit of Department of Clinical Therapeutics and Director of Diabetes Center at University Hospital Alexandra in Athens, Greece.

Assist. Prof. Paschou graduated with Honors (8.88/10) from School of Medicine, University of Ioannina, Greece in 2005. She obtained her PhD in Endocrinology with Honors from the same University in 2010. Then, she worked at St Bartholomew's Hospital, University of London, UK, funded by grants from the European Association for the Study of Diabetes (EASD). She continued with clinical training in Endocrinology at the Hellenic Red Cross Hospital in Athens, Greece. In 2015, she was awarded the International Endocrine Scholarship by the European Society of Endocrinology (ESE) and moved to Boston, MA, USA. She completed her training in Endocrinology at Beth Israel Deaconess Medical Center (BIDMC), Harvard Medical School, Boston, MA, USA.

Assist. Prof. Paschou has published a large number of chapters in prestigious scientific books, such as Oxford Textbook of Endocrinology and Diabetes, and papers in prestigious scientific journals, such as New England Journal of Medicine. Her main areas of interest are Diabetes/Obesity/Metabolism, Reproductive Endocrinology and Thyroid. Her author metrics can be summarized as following: publications in PubMed 245, citations 11.300, h-index 52, i10-index 166. Expertscape's PubMed-based algorithms place Assist. Prof. Paschou in the top 0.1% of scholars writing about Diabetes Mellitus over the past 10 years, a level labeled as “World Expert”. Assist. Prof. Paschou has given invited lectures or has chaired in many national and international congresses or webinars (more than 250 in total). She regularly serves as Faculty at the Postgraduate Education Courses of EASD and ESE. She acts as Guest Editor, Associate Editor, member of the editorial board or reviewer in high impact scientific journals. She has received prestigious awards and scholarships.

Assist. Prof. Paschou is member of the expert panel in medical devices of the European Commission - Directorate General for Health and Food Safety, member of the ESE Science Committee and co-Chair of the ESE Growth & Genetic Obesity COVID-19 Subgroup of the ESE COVID-19 Committee. She is co-Chair and responsible for the organization of the successful Webinar series ESE Spotlight on Science since January 2022. She served as member of the Board of Trustees of the Bioscientifica Trust. Assist. Prof. Paschou was member and co-Chair of the ESE Young Endocrinologists and Scientists (EYES) Committee and member of the ESE Executive Committee (EYES representative). She chaired the 7th EYES Meeting in Athens, Greece in September 2019 and she was member of the Program Organizing Committee for the European Congress of Endocrinology (ECE) 2021.