

CURRICULUM VITAE

Nikolaos V. Sipsas, M.D., Ph.D. (Zurich), FIDSA

SHORT BIOGRAPHICAL SKETCH

Dr Nikolaos V. Sipsas, received his medical degree from the National and Kapodistrian University of Athens in Greece. He did his post-doctoral thesis, in History of Medicine at the Medical School of the Zurich University in Switzerland, and in Infectious Diseases at the Athens University Medical School, Greece. Then he was trained in Internal Medicine at the Athens Naval Hospital and the Athens University Laikon Hospital. He was subsequently trained as a research fellow in Infectious Diseases at Massachusetts General Hospital in Boston, USA.

Nikolaos V. Sipsas MD, is currently Professor of Pathophysiology and Infectious Diseases at School of Medicine, National and Kapodistrian University of Athens, Greece. He is an attending internal medicine and infectious diseases physician at the General Hospital of Athens Laiko, where he also serves as Head of the Infectious Disease Unit and as Chair of the Infection Control Committee. He is member of the Advisory Committee for COVID-19 to the Greek Government and serves as President of the Hellenic Society for Infectious Disease. He served as delegate of Greece at the Committee of Orphan Medicinal Products (COMP) of the European Medicines Agency for 10 years, until 2021. He is a reviewer in peer-reviewed journals in Infectious Diseases and Internal Medicine and he has authored more than 200 peer-reviewed manuscripts. He was invited speaker in numerous National and International conferences. His research interests include invasive fungal infections in immunocompromised host, difficult-to-treat multi-drug-resistant infections, anti-microbial stewardship, HIV infection, SARS-CoV-2 infection, and zoonoses.

PERSONAL DATA

Citizenship: Greece

Affiliations: *Professor*
Pathophysiology Department, Medical School, National and Kapodistrian University of Athens, Athens, Greece
Attending physician
Department of Internal Medicine, Athens Laiko General Hospital
Head, Infection Control Committee, Athens Laiko General Hospital
Head, ID Unit, Athens Laiko General Hospital

Medical Specialty: Internal Medicine, Infectious Diseases

Medical Licensure: #33472 / 27 NOV 1985, Prefecture of Eastern Attica, Greece

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GRADUATE MEDICAL EDUCATION

M.D. Degree: Athens University Medical School, Greece; 1985
Ph.D. Degree: [1] Zurich University Medical School, Switzerland; 1990
[2] Athens University Medical School, Greece; 1997

POSTDOCTORAL TRAINING:

Internship: Department of Medicine, Athens Naval Hospital, 2/87-2/88
Residency: Department of Internal Medicine, Athens Laikon General Hospital and Athens University Medical School, 7/90-7/94
Fellowship: Infectious Disease Unit, Massachusetts General Hospital and Harvard Medical School, Boston, USA, 10/94- 4/97
Sabbatical: M.D. Anderson Cancer Center, University of Texas, Houston, Texas, USA, 3/2007 – 6/2007

BOARD CERTIFICATION

Diplomate, Educational Commission for Foreign Medical Graduates, (ECFMG), USA, 1990
Diplomate, Hellenic Board of Internal Medicine, September 1993
Diplomate, Hellenic Board of Infectious Diseases, June 2002

ACADEMIC APPOINTMENTS

Lecturer, Medical School, National and Kapodistrian University of Athens, (2003-2008)
Assistant Professor, Medical School, National and Kapodistrian University of Athens, (2008 -2013)
Associate Professor, Medical School, National and Kapodistrian University of Athens, (2013- 2020)
Professor, Medical School, National and Kapodistrian University of Athens, (2020 - currently)

MAJOR HOSPITAL APPOINTMENTS

Attending Physician, Internal Medicine Department and Infectious Disease Unit, Athens Laikon Hospital
Visiting consultant: 2nd Department of Orthopedics, Athens Medical School, KAT Hospital
Visiting consultant: Bone Marrow Transplantation Unit, Children's Hospital, Athens

COMMITTEES AND OTHER OFFICES

Hellenic Ministry of Health

2004 – Present Committee for the selection of Fellows for the Infectious Diseases Training Programs
2020 – Present Hellenic Taskforce for the SARS-CoV-2 pandemic

European Medicines Agency

2012 – 2021 Member of the Committee for Orphan Medicinal Products (COMP)
Greece Delegate

Hellenic Center for Disease Control & Prevention (HCDCP)

2007: Committee of anti-retroviral drugs (member)

Athens University Medical School

2008 – 2013, 2017-2018: Elected member of the General Assembly
2009-2018: Consultant for Appointment, Promotion and Tenure Committees

Athens Laikon General Hospital

2000 – Present Committee of Infection Control and Hospital Epidemiology (chair)
2003 – 2007 Pharmacy and Therapeutics Committee (member)
2002 – 2003 Internal Review Board (IRB) (member)
2005 Elected member of the Hospital Scientific Committee

MEDICAL SOCIETIES

- Hellenic Medical Society (1985 - Present)
- Athens Medical Society (1985- Present)
- Massachusetts Medical Society (1994 -1997)
- American Medical Association (1994-1997)
- Infectious Disease Society of America (1997- Present)
 - Advancement to Fellow of IDSA - 2012
- HIV Medicine Association (2000- Present)
- ESCMID (2012 - Present)
- Hellenic Society of Medical Mycology (2012 – Present)
- Hellenic Society of Infectious Diseases, 1997 – Present
 - Elected member of the Board of Directors, Treasurer (2011-2014)
 - Secretary General (2021 – 2024)
 - President (2024 – currently)

HONORS AND AWARDS

- *Hellenic Scholarships Foundation*, (1994)
- *International Research Fellow Award*, (1995)
Fogarty International Center, National Institutes of Health, USA
- *Fellow Award* (1997)
The Fourth National Conference on Human Retroviruses and Related Infections.
Washington D.C., January 22-26, 1997
- *Second place winner*, research poster competition (1998)
10th Hellenic Conference on AIDS, Athens, Greece
- *First place winner*, research poster competition (2000)
12th Hellenic Conference on AIDS, Athens, Greece

- *L. Tsaldaris – S & E Malamos Award*, (2003)
National and Kapodistrian University of Athens
- *Second Place winner* (Mentor) for Oral Presentation competition (2012)
4th Conference of the Hellenic Society of Medical Mycology
- *“G. L. Daikos” Award* (2012) for the best Thesis on Infectious Diseases (Mentor)
Hellenic Society of Infectious Diseases

EDITORIAL BOARD AND REVIEWER ACTIVITIES

Reviewer

Reviewer in more than 50 journals including the Lancet, Annals of Internal Medicine, Clinical Infectious Diseases, Clinical Microbiology and Infection, American Journal of Medicine, European Journal of Clinical Microbiology and Infectious Diseases, Eurosurveillance, Journal of Infection, BMC Infectious Diseases, Medical Mycology, etc.

Editorial Board

1. BMC Research Notes (Associate Editor)
2. Journal of Invasive Fungal Infections

INVITED SPEAKER

Invited speaker in > 200 National and International conferences, workshops, and educational programs.

RESEARCH FOCUS

Infections in the Immunocompromised host: Mycoses in patients with hematological malignancies, neutropenic patient, ICU patients, autoimmune rheumatic disease patients
 HIV infection: Work on markers of immune activation, cytotoxic T-cell responses, autoimmune phenomena, anemia, and metabolic complications
 Zoonoses: work on brucella infections, especially spondylodiskitis, leishmaniasis in immunocompromised patients, Q-fever
 CNS infections: endocrine complications of meningitis, treatment of cryptococcal meningitis
 Animal models for experimental osteomyelitis
 Infections due to multi-drug resistant Gram negative pathogens
 Antimicrobial Stewardship and Infection Control
 COVID-19

RECENT CLINICAL STUDIES

Code	Therapeutic area	Study phase	Status	Role
FMX-CS-302 EU CT: 2024-516216-16-00	Invasive mold Infections	III	Active	PI
FMGX-CS-301 EUDRACT: 2022-500455-23-00	Invasive candidiasis	III	Active	PI
SCY-078-302 EUDRACT: 2022-000648-32	Invasive candidiasis	III	Discontinued	PI

AIC316-03-II-01 EUDRACT: 2020-004940-27	HSV infections	III	Completed	PI
PF-07817883 EUDRACT: 2024-517671-21-00	COVID-19	III	Active	PI
INSIGHT 012 (OTAC) EudraCT: 2021-001663-24	COVID-19	III	Active	PI
C4671042 EudraCT:2022-153517	COVID-19	III	Completed	PI
APL-D-003-20 (EudraCT: 2020-005951-19)	COVID-19	III	Completed	PI
SMT19969/C004 (EudraCT: 2017-001641-27)	<i>C. difficile</i> infection	III	Completed	PI
CD101.IV.3.05 (EudraCT: 2018-002630-21)	Candidemia	III	Completed	PI

BIBLIOGRAPHY

Author or co-author in >200 peer-reviewed papers and 5 chapters in international textbooks.

Selected Bibliography 2020-2026

1. Maltezou HC, Giannouchos TV, Gamaletsou MN, Koukou DM, Lemonakis N, Sourri F, Peskelidou E, Botsa E, Lourida A, Hatzigeorgiou D, Panagopoulos P, **Sipsas NV**.
Absenteeism associated with respiratory infections among healthcare personnel in hospitals in Greece from 2020-2021 to 2024-2025.
Vaccine 2026 Jan 22;75:128264. doi: 10.1016/j.vaccine.2026.128264.
2. Bassetti M, Cardone A, Cardoso F, Carter V, Cornely OA, Falcone M, Gallego D, Giannella M, Grossi PA, Pagano L, Silvestris N, **Sipsas NV**, Soriano A, Tumbarello M, Viale P.
Can We Lower the Burden of Antimicrobial Resistance (AMR) in Heavily Immunocompromised Patients? A Narrative Review and Call to Action.
Infect Dis Ther. 2025 Aug 7. doi: 10.1007/s40121-025-01204-4.
3. Maltezou HC, Gamaletsou MN, Giannouchos TV, Koukou DM, Sourri F, Lemonakis N, Karapanou A, Lourida A, Panagopoulos P, Hatzigeorgiou D, **Sipsas NV**.
Influenza vaccine effectiveness against absenteeism among healthcare personnel during the 2022-2023 season in Greece.
Vaccine. 2025 Jul 16;62:127468. doi: 10.1016/j.vaccine.2025.127468.
4. Basoulis D, Gkoufa A, Mastrogianni E, Pantazatou A, Deliolanis I, Rigatou A, Karapanou A, Zerva S, Gamaletsou MN, Samarkos M, **Sipsas NV**.
Comparison of Ceftolozane/Tazobactam and Carbapenems in Treating Bloodstream Infections Caused by Extended-Spectrum Beta-Lactamase-Producing Gram-Negative Pathogens: A Single-Center, Retrospective, Real-World Study.
Journal of Antimicrobial Chemotherapy 2025; dkaf229. doi: 10.1093/jac/dkaf229.
5. Maltezou HC, Cassimos DC, **Sipsas NV**, Medic S.
Adult vaccinations today - innovations and challenges for the coming years. *Vaccines (Basel)*. 2025 May 29;13(6):583. doi: 10.3390/vaccines13060583.
6. Palla P, Konstantinidis I, Boussiou Z, Lagkadinou M, Tsonis I, Stamouli M, Paisiou A, Oikonomopoulos P, Arapaki M, Marangos M, Spyridonidis A, Karakasis D, Angelopoulou M, Pouli A, Goussetis E, Tsigotis P, Sotiropoulos D, **Sipsas NV**, Gamaletsou MN.
Bloodstream Infections Due to Multidrug-Resistant Gram-Negative Organisms in Hematopoietic Stem Cell Transplant Recipients: A Multicenter Case-Control Study in a High-Prevalence Area.

- Transplantation and Cellular Therapy 2025; May 14:S2666-6367(25)01169-8. doi: 10.1016/j.jtct.2025.05.007.
7. Basoulis D, Logiotti K, Papaodyssea I, Chatzopoulos M, Alexopoulou P, Mavroudis P, Rapti V, Poulia V, Samara S, Georgakopoulou VE, Gamaletsou MN, Michailidis C, Poulakou G, Kontopoulou T, Papastamopoulos V, Chrysos G, Chini M, Antoniadou A, **Sipsas NV**. Deaths “due to” COVID-19 and deaths “with” COVID-19 during the Omicron variant surge, among hospitalized patients in seven tertiary-care hospitals, Athens, Greece. *Scientific Reports* 2025; 15:13728 | <https://doi.org/10.1038/s41598-025-98834-y>
 8. Sastre-Escolà E, Ntziora F, Chiurlo M, Martín-Dávila P, Mikulska M, Albasanz-Puig A, Machado M, Gutiérrez-Villanueva A, Márquez-Gómez I, Gasch-Blasi O, **Sipsas NV**, Oltolini C, Fortún J, Ruiz-Camps I, Fernández-Cruz A, Laporte-Amargos J, Bergas A, Badia-Tejero AM, Carratalà J, Gudiol C. Ceftazidime/avibactam for the treatment of bloodstream infection due to carbapenemase-producing Enterobacterales in onco-hematologic neutropenic patients (the TARZAN study). *Journal of Antimicrobial Chemotherapy* 2025; dkaf120, <https://doi.org/10.1093/jac/dkaf120>
 9. Maltezou HC, Gamaletsou MN, Lourida A, Panagopoulos P, Giannouchos TV, Sourri F, Koukou DM, Karapanou A, Lemonakis N, Souliotis K, Hatzigeorgiou D, **Sipsas NV**. Comparison of morbidity and absenteeism due to COVID-19 and seasonal influenza in a large cohort of healthcare personnel in the 2022-2023 season. *American Journal of Infection Control* 2024; May 29:S0196-6553(24)00529-7
 10. Maltezou HC, Gamaletsou MN, Giannouchos TV, Koukou DM, Sourri F, Karapanou A, Lemonakis N, Souliotis K, Lourida A, Panagopoulos P, Hatzigeorgiou D, **Sipsas NV**. Effectiveness of COVID-19 booster vaccination, morbidity and absenteeism among healthcare personnel during the 2022-2023 season dominated by Omicron BA.5 and BA.2 subvariants. *Vaccine*. 2024 May 9: S0264-410X(24)00522-X. doi: 10.1016/j.vaccine.2024.04.083.
 11. Politi L, Vrioni G, Hatzianastasiou S, Lada M, Martsoukou M, **Sipsas NV**, Chini M, Baka V, Kafkoula E, Masgala A, Pirounaki M, Michailidis C, Chrysos G, Zarkotou O, Mamali V, Papastamopoulos V, Saroglou G, Pournaras S, Meletiadis J, Karakasiliotis I, Karachalios S, Smilakou S, Skandami V, Orfanidou M, Argyropoulou A, Tsakris A, Kontopidou F; *Candida auris* study collaborative group. *Candida auris* in Greek healthcare facilities: Active surveillance results on first cases and outbreaks from eleven hospitals within Attica region. *J Mycol Med*. 2024 Mar 26;34(2):101477. doi: 10.1016/j.mycmed.2024.101477.
 12. Maltezou HC, Kontogianni S, Michailidou E, Vergadi E, Giannouchos TV, Steletou E, **Sipsas NV**, Galanakis E, Syrogiannopoulos GA, Roilides E. Effectiveness of COVID-19 vaccination against school absenteeism in children and adolescents hospitalized with COVID-19. *Vaccine*. 2024 Mar 30: S0264-410X(24)00397-9. doi: 10.1016/j.vaccine.2024.03.075.
 13. Georgakopoulou VE, Makrodimitri S, Gkoufa A, Apostolidi E, Provas S, Papalexis P, Spandidos DA, Lempesis IG, Gamaletsou MN, **Sipsas NV**. Lung function at three months after hospitalization due to COVID-19 pneumonia: Comparison of alpha, delta and omicron variant predominance periods. *Exp Ther Med* 2024;27: 83. DOI: 10.3892/etm.2024.12372
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 15. Tsiakalos A, Routsias JG, Schinas G, Georgiadou S, **Sipsas NV**, Akinosoglou K. Investigating the Role of Anti-TPO Antibodies in HIV-Associated Thrombocytopenia before and after Initiation of HAART: A Case-Control Longitudinal Study. *Viruses*. 2023 Nov 8;15(11):2226. doi: 10.3390/v15112226.
 16. Maltezou HC, Ledda C, **Sipsas NV**. Absenteeism of Healthcare Personnel in the COVID-19 Era: A Systematic Review of the Literature and Implications for the Post-Pandemic Seasons. *Healthcare (Basel)*. 2023 Nov 12;11(22):2950. doi: 10.3390/healthcare11222950

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19. Maltezou HC, Papanikolopoulou A, Vassiliu S, Theodoridou K, Nikolopoulou G, **Sipsas NV**. COVID-19 and Respiratory Virus Co-Infections: A Systematic Review of the Literature. *Viruses*. 2023 Mar 28;15(4):865. [doi: 10.3390/v15040865](https://doi.org/10.3390/v15040865).
20. Pantazis N, Papanikolaou V, Papastamopoulos V, Metallidis S, Antoniadou A, Adamis G, Psychgiou M, Chini M, Sambatakou H, Chrysos G, **Sipsas NV**, Gogos C, Barbanakis E, Panagopoulos P, Katsarou O, Touloumi G; Athens Multicenter AIDS Cohort Study (AMACS). Low pre-ART CD4 count is associated with increased risk of clinical progression or death even after reaching 500 CD4 cells/ μ L on ART. *PLoS One*. 2023 Mar 30;18(3):e0283648. [doi: 10.1371/journal.pone.0283648](https://doi.org/10.1371/journal.pone.0283648). eCollection 2023.
21. Basoulis D, Avramopoulos P, Aggelara M, Karamanakos G, Voutsinas PM, Karapanou A, Psychogiou M, Samarkos M, **Sipsas NV**. Validation of the ROX-Index score in Covid-19 patients receiving oxygen via High Flow Nasal Cannula and predictors of mortality. *Canadian Respiratory Journal* 2023 Feb 8:7474564. [doi: 10.1155/2023/7474564](https://doi.org/10.1155/2023/7474564).
22. Ruggieri A, Cattaneo A, Corio L, Comandini A, Magnasco L, Cattelan A, D'Amico F, Gattuso G, Viale P, Mornese Pinna S, De Stefano G, Mascagni P, Gentile I, Tiseo G, Lagi F, Francisci D, La Ferla L, Giamarellou Bourboulis E, Kofteridis D, Panagopoulou P, Papavramidis T, **Sipsas N**, Bassetti M. REDS study: Retrospective Effectiveness study of Dalbavancin and other Standard of Care of the same class in patients with ABSSSI *International Journal of Antimicrobial Agents* 2023; Feb 7:106746. [doi: 10.1016/j.ijantimicag.2023.106746](https://doi.org/10.1016/j.ijantimicag.2023.106746)
23. Maltezou HC, Basoulis D, Bonelis K, Gamaletsou MN, Giannouchos TV, Karantoni E, Karapanou A, Kounouklas K, Livanou ME, Zotou M, Rapti V, Stamou P, Loulakis D, Souliotis K, Chini M, Panagopoulos P, Poulakou G, Syrigos KN, Hatzigeorgiou D, **Sipsas NV**. Effectiveness of full (booster) COVID-19 vaccination against severe outcomes and work absenteeism in hospitalized patients with COVID-19 during the Delta and Omicron waves in Greece. *Vaccine*. 2023 Feb 2:S0264-410X(23)00109-3. [doi: 10.1016/j.vaccine.2023.01.067](https://doi.org/10.1016/j.vaccine.2023.01.067).
24. Maltezou HC, Gamaletsou MN, Giannouchos TV, Koukou DM, Karapanou A, Sourri F, Syrimi N, Lemonakis N, Peskelidou E, Papanastasiou K, Souliotis K, Lourida A, Panagopoulos P, Hatzigeorgiou D, **Sipsas NV**. Timing of last COVID-19 vaccine dose and SARS-CoV-2 breakthrough infections in fully (boosted) vaccinated healthcare personnel. *Journal of Hospital Infection* 2022 Dec 3:S0195-6701(22)00370-X. [doi: 10.1016/j.jhin.2022.11.016](https://doi.org/10.1016/j.jhin.2022.11.016).
25. Gamaletsou MN, Rammaert B, Brause B, Bueno MA, Dadwal SS, Henry MW, Katragkou A, Kontoyiannis DP, McCarthy MW, Miller AO, Moriyama B, Pana ZD, Petraitiene R, Petraitis V, Roilides E, Sarkis JP, Simitopoulou M, **Sipsas NV**, Taj-Aldeen SJ, Zeller V, Lortholary O, Walsh TJ; International Consortium for Osteoarticular Mycoses. Osteoarticular Mycoses. *Clinical Microbiology Reviews* 2022 Nov 30:e0008619. [doi: 10.1128/cmr.00086-19](https://doi.org/10.1128/cmr.00086-19).
26. Maltezou HC, Gamaletsou MN, Koukou DM, Giannouchos TV, Sourri F, Syrimi N, Karapanou A, Lemonakis N, Peskelidou E, Papanastasiou K, Panagopoulos P, Souliotis K, Lourida A, Hatzigeorgiou D,

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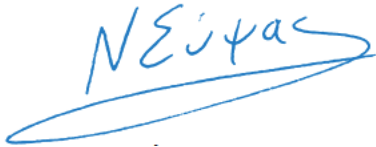
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Estimation of the determinants for HIV late presentation using the traditional definition and molecular clock-inferred dates: Evidence that older age, heterosexual risk group and more recent diagnosis are prognostic factors.
HIV Medicine 2022 Oct 18. doi: 10.1111/hiv.13415
28. Ntziora F, Georgia Kostaki E, Karapanou A, Mylona M, Tseti I, **Sipsas NV**, Paraskevis D, Sfrikakis PP.
Protection of vaccination versus hybrid immunity against infection with COVID-19 Omicron variants among Health-Care Workers.
Vaccine. 2022 Sep 19;S0264-410X(22)01150-1. doi: 10.1016/j.vaccine.2022.09.042
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Immature granulocytes: Innovative biomarker for SARS-CoV-2 infection.
Mol Med Rep. 2022 Jul;26(1):217. doi: 10.3892/mmr.2022.12733. PMID: 35551416
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Changes in Body Mass Index after Initiation of Antiretroviral Treatment: Differences by Class of Core Drug.
Viruses. 2022 Jul 29;14(8):1677. doi: 10.3390/v14081677
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Hematological abnormalities in COVID-19 disease: Association with of type I interferon pathway activation and disease outcomes.
Frontiers in Medicine 2022; (accepted)
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Dating the Origin and Estimating the Transmission Rates of the Major HIV-1 Clusters in Greece: Evidence about the Earliest Subtype A1 Epidemic in Europe.
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Vaccination Hesitancy among Health-Care-Workers in Academic Hospitals Is Associated with a 12-Fold Increase in the Risk of COVID-19 Infection: A Nine-Month Greek Cohort Study.
Viruses. 2021 Dec 24;14(1):26. doi: 10.3390/v14010026.
34. Maltezos HC, Panagopoulos P, Sourri F, Giannouchos TV, Raftopoulos V, Gamaletsou MN, Karapanou A, Koukou DM, Koutsidou A, Peskelidou E, Papanastasiou K, Souliotis K, Lourida A, **Sipsas NV**, Hatzigeorgiou D.
COVID-19 vaccination significantly reduces morbidity and absenteeism among healthcare personnel: A prospective multicenter study.
Vaccine. 2021;39(48):7021-7.

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Infection, Disease & Health 2021; 26(3):189-197
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Signature



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