

Professional Biography

Christiana Antoniadou Stylianou is the Scientific Director and Head of Fertility Services at ISIS Clinic Gynaecology, Maternity and Fertility Centre and OVACY Egg Bank. A recognised leader in clinical embryology with over two decades of international experience. She has held senior roles across leading fertility centres in the United Kingdom, Europe, and the Middle East, with a focus on advancing laboratory standards and innovation in assisted reproduction.

She obtained her MSc in Prenatal Genetics and Fetal Medicine from University College London and subsequently conducted research in human embryonic stem cells at Imperial College London. She completed her clinical embryology training at the Bridge Centre in London under the supervision of Professor Alan Handyside and continues to maintain academic collaborations with University College London through postgraduate supervision and research engagement.

Christiana is widely recognised for pioneering developments in the region, including being the first embryologist to perform trophectoderm biopsy in Cyprus and leading the full implementation of blastocyst-stage preimplantation genetic testing, positioning ISIS Clinic among the first centres in the Eastern Mediterranean to adopt this approach.

She is a co-founder of the Association of Clinical Embryologists Cyprus (ACEC) and serves on the Steering Committee of ESHRE's International Reproductive Health Education Collaboration (IRHEC). She also contributes to postgraduate education as a member of the Scientific Examination Committee for the "Advanced Course in Clinical Embryology" at the National and Kapodistrian University of Athens.

Her work spans preimplantation genetic testing, time-lapse embryo imaging, morphokinetics, and the integration of artificial intelligence into embryology practice. Alongside her scientific and clinical contributions, she is an active advocate for fertility awareness and equitable access to reproductive health education, working to address cultural, social, and economic barriers to care.



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