

## **Charalampos Skarlis Pharm.D, MSc, PhD**

### **Assistant Professor of Pharmacology/Clinical Pharmacology**

**Department of Basic and Clinical Sciences, Medical School, University of Nicosia,  
Athens, Greece**

#### **Positions-Employment**

**2013-2015:** Research Fellow, Department of Life Sciences and Biotechnology, section of Biochemistry and Molecular Biology, University of Ferrara, Italy.

**2015-2016:** Research Associate, Immunogenetics Laboratory, Aeginition Hospital 1<sup>st</sup> Department of Neurology, School of Medicine, NKUA, Athens, Greece.

**2016-2023:** PhD candidate Immunogenetics Laboratory, Aeginition Hospital 1<sup>st</sup> Department of Neurology, School of Medicine, NKUA, Athens, Greece

**2017-2020:** Research Fellow, Molecular and Applied Physiology Unit Laboratory, Department of Physiology, School of Medicine, NKUA, Athens, Greece.

**2020- to date:** Study coordinator in Clinical Research (ongoing Phase III clinical trials for RRMS, PPMS and SPMS and Phase IV clinical study in Rheumatology), Aeginition Hospital 1<sup>st</sup> Department of Neurology, School of Medicine, NKUA, Athens, Greece and Evgenidion University Hospital, Athens, Greece.

**2020- to date:** Lab Manager-Research Associate, Molecular and Applied Physiology Unit Laboratory, Department of Physiology, School of Medicine, NKUA, Athens, Greece.

**2023-2025:** Post-Doc Researcher, Department of Physiology, School of Medicine, NKUA, Athens, Greece.

**2024-2025:** Teaching Assistant Department of Physiology, School of Medicine, NKUA, Athens, Greece.

**2025- to date:** Assistant Professor of Pharmacology/Clinical Pharmacology, Department of Basic and Clinical Sciences, Medical School, University of Nicosia, Athens

#### **Education – Training**

**2013:** Master's degree in Pharmacy with honors, School of Pharmacy, University of Ferrara (UniFe), Italy.

**2013:** Pharmacist license, University of Ferrara, Italy.

**2016:** FELASSA accreditation.

**2020:** Master of Science MSc with honors, Molecular & Applied Physiology, Sub direction Basic Research, School of Medicine, NKUA.

**2020:** Good clinical practice training, Brookwood global training, ICH GCP (E6R2), version 19.1, date: 20/09/2023

**2022:** Master of Science MSc, Clinical Trials: Design and Conduct, School of Medicine, NKUA.

**2023:** PhD, School of Medicine, NKUA, Greece.

**2023-2025:** Post-Doctoral Researcher School of Medicine, NKUA

### **Awards**

KEPETZI Award for the study:

Molecular pathways and gene polymorphisms in Sjögren's syndrome: Association of the IGF1R rs2229765 polymorphism with innate immunity and type I interferon activation.

29th ERE Congress, December 5–8, 2024, Athens

### **Grants**

**2018:** Hellenic Society of Rheumatology for the project "Receptor activator of nuclear factor-kappa B ligand (RANKL)/RANK and Osteoprotegerin (OPG) pathway activation in Sjogren's syndrome".

**2021:** Hellenic Society of Rheumatology for the project "The role of myositis-associated autoantibodies and activation of type I interferons in the establishment of clinical phenotypes in inflammatory myopathies".

### **Fellowships**

**2020:** "Support for the educational activities of the Higher Education Institutes during the academic year 2020-2021 with the integration of remedial teaching in addition to the main lectures".

**Publications in peer-reviewed journals: 38**

**Metrics:** h-index: 12 (Google Scholar), **i10-index:** 17 (Google Scholar), **total citation number:** 410 (Google Scholar)